



MILWAUKEE
JEWISH FEDERATION

Re: MJF Wellness Memo
Date: Tuesday, September 8, 2020 3 pm CT

This memo is a daily synthesis of critical information and trends about the pandemic that are relevant to the Milwaukee Jewish Federation's work of caring for the needs of the Jewish people. While the information is intended for use by MJF leadership, we are also sharing it with other community leaders. If you have questions, please contact Anna Goldstein at AnnaG@MilwaukeeJewish.org or 414-390-5733.

Funding Resources

- **Network for Good is offering grants of up to \$5,000 to U.S. nonprofit organizations for capacity building and fundraising activities.** Funding is intended to help nonprofit organizations gain revenue stability by expanding their fundraising efforts. The award is based on merit and need as determined by the grant committee. **The deadline to apply for October grants is Tuesday, September 15 – [apply now](#). [Get answers to FAQs](#), [review Terms and Conditions](#), [fill out the online question form](#), and contact info@networkforgood.org with questions.**
- **The Wisconsin Arts Board (WAB) is offering grants of at least \$2,000 to Wisconsin nonprofit organizations, government entities, tribal governments, public schools, and Institutions of Higher Education to support arts activities. New applicants must contact the funding source to submitting a full proposal.** Applicants are advised that required registrations may take up to six weeks to complete. **Grant funds may be used to support arts programs as well as general operations.** Applications may be submitted in the disciplines of Visual Arts, Multi-Disciplinary Arts, Literary Arts and Folk Arts. **All Creation and Presentation grants require at least a 1:1 cash match.** In-kind goods and services may not be used to match Art Board funds through this program but are useful to include in the application as an indication of community support. [Review a list](#) of Who May Not Apply and the types of activities that are not funded. **A Letter of Intent to Apply is required and due by Wednesday, September 16 – submit intent to apply or questions to artsboard@wisconsin.gov. The [online application](#) is due on Thursday, October 8 by 3 pm CT. [Review a Glossary of Terms](#).**
- **The Wisconsin Department of Veterans Affairs (WDVA) is offering grants of up to \$25,000 to Wisconsin nonprofit organizations to provide services to veterans and their families, including financial assistance.** Funding is intended for programs and activities that assist veterans and are within the focus areas of mental and behavioral health, housing (homelessness), financial and legal support, and other services. Organizations that assist underserved Veteran populations are encouraged to apply. [Get more information](#) about application evaluation criteria. **Applications are due on Wednesday, September 30 by 4 pm CT. Email applications to vetsbenefitsgrants@dva.wisconsin.gov. Direct questions to that email address or call 1-800-947-8387. Award notices will be issued on Thursday, October 29.**

Local Resources

- Welcome back to Milwaukee Public Library – [watch this video to see what services and procedures are in place at the open library locations](#) (Atkinson, Bay View, Capitol, Center Street, East, Good Hope, Martin Luther King, Mitchell Street, Tippecanoe, Villard Square, Washington Park, and Zablocki Branches and the Central Library).
- **Here are local resources to consult if you're worried about eviction:** Community Advocates Rent Helpline: 414-270-4646; Legal Aid Society of Milwaukee: 414-727-5300; Mediate Milwaukee: 414-939-8800; Legal Action of Wisconsin: 855-947-2529; and Social Development Commission: 414-906-2700.
- For family-friendly events, check out the [Milwaukee with Kids Fall Activity Guide](#) – you'll find virtual and in-person activity options.

National Resources

- **The Blue Dove Foundation has created [High Holiday resources](#)**, including Mental Health Tashlich and Mental Health Shofar Blasts Resource Guides, for individuals to reflect upon and improve their own mental health as well as to contribute to the mental wellness of the Jewish Community as we look forward to a sweet new year.
- **The federal government is [halting evictions](#) through the end of the year (December 31, 2020) for those who have lost work during the pandemic.** [The moratorium](#), enacted by the CDC, is meant to help stop the spread of COVID-19 by keeping shelters as underpopulated as possible. It will cover tenants who cannot pay rent due to loss of household income and who can prove they've made their best effort to pay a landlord. They must also specify that eviction could leave them homeless or force them to live with others at close quarters, like shelters. **The federal government's moratorium stops evictions, [but it does not suspend rent](#). Forms will be available on the [CDC website](#) once the order is published in the Federal Register.**
- Review **City Year's [Guide for Practitioners and Policymakers](#)** that highlights tools, practices and recommendations for integrating social, emotional and academic approaches to support improved student and school outcomes.

Agency Resources

Jewish Family Services

- **Jewish Family Services** is open (remotely) and offers vital, supportive services such as therapy and counseling; case management and social services; services for Holocaust survivors, the aging and elderly; and **JHelp, which offers crisis funding for individuals who need assistance with rent/mortgage, food, transportation, clothing, utilities (phone/internet), and other emergent needs. Call JFS at 414-390-5800 for more information.**

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SHOFAR

- [SHOFAR](#) (Safeguarding Health Families and Relationships) is an initiative of the Milwaukee Jewish Federation that addresses child sexual abuse, sexual harassment and domestic violence. [Read more](#) about SHOFAR and access [SHOFAR resources](#) to get help now. **Contact JFS Community Advocate [Breanna West](#) at 414-225-1374 for more information.**
- **Call the Sojourner Family Peace Center 24/7 Domestic Violence Hotline at 414-933-2722. The National Domestic Hotline offers 24/7 support in more than 200 languages – call 800-799-7233.**

MJFLA

- **The Milwaukee Jewish Free Loan Association offers confidential, interest free loans** for any purpose to people who find themselves in a time of financial need. [Learn more](#) or call 414-961-1500.

Webinars

Please see the [Milwaukee Jewish Community Calendar](#) for the most current information on upcoming events.

- **Wednesday, September 9**
 - Join Milwaukee Public Library for a webinar on the basics of Medicare at **1 pm CT**. The session will include an objective overview of the options and benefits offered through Medicare. [Join via Zoom](#).
- **Thursday, September 10**
 - Join the Blue Dove Foundation for a webinar on Promoting Emotional Wellbeing for Grandparents and Family Members During the COVID-19 Pandemic at **6:30 pm CT** – [learn more and RSVP](#).
- **Tuesday, September 15**
 - Join Milwaukee Public Library for Job Readiness 101, a webinar to help you maximize your job search at **5:30 pm CT** – [register](#). After registering, you will receive an email with a link and phone number to join the program.
- **Monday, September 21**
 - Join Milwaukee Public Library for Let's Talk Brain Health, a webinar that provides information on dementia with a focus on brain health at **11 am CT** – [register](#).
- **Ongoing/Multiple Dates**
 - Join Milwaukee Public Library for Meditation Fridays on the second and fourth Friday of the month at **2:30 pm CT** – [register](#). Each week a new style of meditation will be introduced, all you need to participate is a quiet space and a comfortable seat.