

## Shvat 5782 - January 2022 Coalition for Jewish Learning E-Newsletter

Welcome to 2022 and the month of Shvat. I hope you enjoyed some well-deserved time off to recharge.

We have some amazing classes on inclusion (of people with learning disabilities, of the LGBTQ community, of Jews of Color) this year. If there are other inclusion issues that interest you, let me know. I welcome your input. Please consider joining us for one or more of these classes. Remember teachers who complete 10 hours of LOMED classes earn a \$300 stipend. See the detailed list of classes below.

**[Award applications](#)** are open for the Salute to Jewish Educators. You could win \$500 or \$1,000. Apply for an award or nominate someone you know. Applications due by January 16, 2022.

*Tuporal*

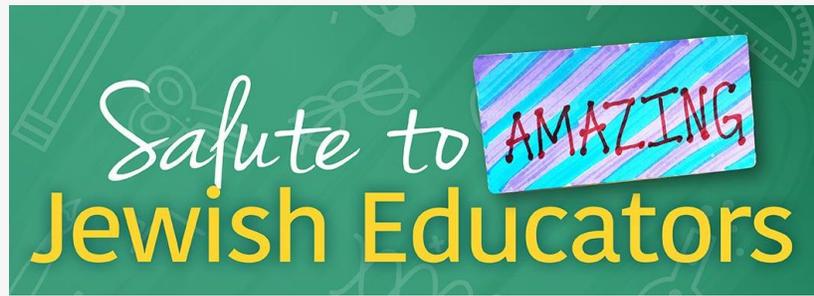
### ***Tu B'shvat***

The holiday of *Tu B'shvat*, on the 15th day of the month of Shvat, celebrates the birthday of the trees. This year *Tu B'shvat* falls on Monday, January 17.

**[Resources](#)** for teaching about *Tu B'shvat*.

**[Videos](#)** for *Tu B'shvat*

**[Teacher's Resources](#)** for *Tu B'shvat*



**Sunday, March 6, 2022, 3:30-5:30 pm**

Join the community as we celebrate and honor the hard work of all our educators.

**[Nomination forms are available](#)** (click the links below). Please nominate someone you would like to see recognized this year.

- **[The CJL Levy Family Jewish Educator of the Year](#)**
- **[Jerry Benjamin Inspiration Award for Informal Jewish Education](#)**
- **[Gill Incentive for Teachers \(GIFT\) Award](#)**
- **[Rabbi Emanuel & Deborah Lifshutz Mitzvah Award](#)**

**Nomination forms are due Sunday, January 16, 2022.**

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### **Keshet Inclusion Korner by Jennifer Saber**

*Jennifer Saber is the CJL Inclusion Specialist. Each month she will share classroom tips for inclusion.*

#### **Brain Breaks**

We have all been there. Teaching a lesson, in-person or virtually, and watching our students lose focus about halfway through. It might be a glazed-over look, fidgety bodies or just plain not paying attention. One solution? A *Brain Break*!

What is a *Brain Break*? It is a quick way to restore focus. According to JTeach.org, "a *Brain Break* is a short period of time in which students stop classroom work and engage in an activity—perhaps yoga, a brief game, dance, or other physical exercise—meant to energize or shift the focus of the learners. These breaks, usually lasting 1-3 minutes (and no longer than 5) have been shown to increase productivity and to relieve stress." Research suggests that elementary school learners benefit from taking these types of breaks every 10 to 15 minutes (20 to 30 minutes for middle school).

How can we make *Brain Breaks* Jewish for our setting? Here are some examples from **[JTeach.org](#)**:

- Simple, repetitive exercises (like jumping jacks) and count in Hebrew.
- A dance party to Jewish Music. Put on the closed captions and sing along.

- Shimon Omer (Simon Says) and Hokey Pokey with Hebrew body parts.
- I Spy Game with Hebrew Colors
- An imaginary trip through Israel: swim in the Mediterranean, ski down Mt. Hermon, hike Masada.

More on Brain Breaks:

- [Using Brain Breaks to Restore Students' Focus](#)
- [Brain Breaks](#) from JTeach.org
- [Virtual Calming Room](#) with many resources to explore: guided meditations, live animal cameras, yoga, and music.

Jennifer would love to hear from you  
[jennifers@milwaukeejewish.org](mailto:jennifers@milwaukeejewish.org).



### LOMED: Learning Opportunities for Milwaukee Educators

LOMED classes are open to all educators working at Milwaukee Jewish schools. The \$300 stipend for completing 10 hours of training is available to all teachers participating in the program.

At this point, all classes are scheduled on Zoom. I will let you know if any switch to being in person.

## 2021-2022 LOMED Classes

### January

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

### February

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

### March

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

### April

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

LOMED Classes
1/12/2022
1/26/2022
1/31/2022
2/16/2022
3/8/2022
3/23/2022

Book Clubs
3/31/2022

Lunch & Learns
1/10/2022
2/9/2022
3/7/2022
4/6/2022

## LOMED Classes

### Placemaking Workshop with Beverly Socher-Lerner of [Makom Community](#), Part 2

**(Two-part class, 3 credits total for attending both classes)**

Wednesday, January 12, 2022, 7-8:30 pm

At Makom Community, we explore Jewish text as a platform for helping our learners grow their skills for emotional intelligence and empathy. They practice identifying, naming, and regulating their feelings and responding to both their own emotional experiences and the experiences of characters in our text or friends in their classroom with curiosity and compassion. Learn how we can combine those skills into a spiritual practice or a way of connecting to something larger than ourselves.

Through Zoom Video Conference [here](#)

### One Class, Many Students: How to Meet Everyone's Learning Needs with Jennifer Saber, CJL Keshet Inclusion Specialist, Part 2 (Two-part class, 3 credits total for attending both classes)

Wednesday, January 26, 2022, at 1 pm **(Note the new date & time!)**

All students have different learning needs. So how do you walk into your classroom to teach the same subject to each of those students? Learn how to use differentiation to tailor instruction and reach every student. Support and mentoring available between the two classes.

Through Zoom Video Conference [here](#)

### Introduction to LGBTQ Belonging in the Classroom With Jackie Maris of [Keshet](#)

**(Two-part class, 4 credits total for attending both classes)**

Monday, January 31, 2022, 6:30-8:30 pm **(Note the new date!)**

Tuesday, March 8, 2022, 6:30-8:30 pm

This two-part training is designed for teachers seeking to create an LGBTQ-affirming environment for students, colleagues, and the school community at large. The first session will discuss LGBTQ terms and concepts, will delve into LGBTQ youths' experiences, and will examine cisnormativity and heteronormativity. The second session - grounded in the information from the first - will address curriculum and representation, culture and language, school policies, and interventions into microaggressions and bullying. Both sessions focus on building shared vocabulary and awareness around LGBTQ identities and identifying ways in which participants can build a community of equality and belonging for LGBTQ people.

Through Zoom Video Conference [here](#)

## **JEDI (Jewish Equity Diversity and Inclusion) in the Classroom (Two-part class, 3 credits total for attending both classes)**

Wednesday, February 16, 2022, 6:30-8:00 pm

Wednesday, March 23, 2022, 6:30-8:00 pm

This is a two-part training for educators from Jewish schools. We will discuss Jewish Equity Diversity and Inclusion in the Classroom. Co-taught by Kai Gardner-Mishlove of Jewish Community Relations Council and Tzipi Altman-Shafer of the Coalition for Jewish Learning, both programs of the Milwaukee Jewish Federation.

Through Zoom Video Conference [here](#)

## **Salute to Jewish Educators NOTE THE NEW DATE!!**

Sunday, March 6, 3:30 pm

Harry & Rose Samson JCC

## **LOMED Lunch & Learns**

Lunch & Learns are open to everyone. Teachers can earn 1 LOMED credit for attending a LOMED Lunch & Learn (no homework required). This year the theme of our Lunch & Learns is people of the Torah.

### **All about The Twelve Tribes**

Monday, January 10, 2022, 12-1 pm

Through Zoom Video Conference [here](#)

### **All about Moses**

Wednesday, February 9, 2022, 12-1 pm

Through Zoom Video Conference [here](#)

### **All about Miriam**

Monday, March 7, 2022, 12-1 pm

Through Zoom Video Conference [here](#)

### **All about the Burning Bush**

Wednesday, April 6, 2022, 12-1 pm

Through Zoom Video Conference [here](#)

Watch recordings of past Lunch & Learns (**not for credit**) [here](#).

## **LOMED Book Clubs**

### **[Angels and Tahina](#) by Tzippi Moss**

Held in conjunction with the Harry & Rose Samson Family JCC

Thursday, March 31, 2022, 12 pm on Zoom

**RSVP or More Information**

**Watch Recorded LOMED classes for [Credit](#)**

**Click for Class**

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# INCLUSION TEEN TRAINING

TRAINING TEENS TO  
SUPPORT FRIENDS OF ALL ABILITIES



## CO-FACILITATORS



**Jennifer  
Saber**

Keshet  
Inclusion  
Specialist



**Leah  
Stein**

M.S. SpEd  
Co-Director of  
Friendship Circle of  
Wisconsin

## ITT Dates

**January 16, 4:30-6:30pm**

Sensitivity Training and Inclusive Language

**February TBA**

"What I Wish You Would Know-neg"

**March 13, 4-6pm**

Practical Skills & Communication for Working with  
Participants of All Abilities

**MASKS REQUIRED**

Inclusion Teen Training Program educates & supports 8th -12th graders who work with children and peers with disabilities. Teens will learn how to assist in settings like synagogue schools, Friendship Circle, camp, and youth groups to fully create an inclusive environment.

The program will also help teens feel confident and equipped with the tools to make a difference. Hands-on, interactive workshops will be held throughout the school year.



**SUNDAY,  
JANUARY 16TH, 2022**



**4:30 - 6:30 PM**



**FRIENDSHIP CIRCLE  
8649 N PORT WASHINGTON RD**

**RSVP** [fcwi.org/itt](https://fcwi.org/itt)

**ITT'S THE THING TO DO!**



SHOFAR, an initiative of Jewish Family Services, Inc. and the Milwaukee Jewish Federation, calls on all community members to reach out to loved ones who may be at increased risk for violence in their relationships during this time. If you or someone you know is in danger, remember that you/they are not alone.

**GET HELP NOW**

## ABOUT THE COALITION FOR JEWISH LEARNING

The Coalition for Jewish Learning, the Education Department of the

Milwaukee Jewish Federation, promotes and advances Jewish education in the greater Milwaukee community, provides a support system for the community's institutions of Jewish learning, and forges coalitions to ensure excellence in Jewish education.

**CJLMilwaukee.org**

1360 N. Prospect Avenue

Milwaukee, WI 53202

p. 414.963.2718

f. 414.390.5747



Coalition for  
Jewish Learning

**MILWAUKEE**  
JEWISH FEDERATION

"Ben Zoma says: Who is the wise one? One who learns from all people, as it says, 'I have acquired understanding from my teachers.'"

- Pirkei Avot 4:1

